



Chicago Section
Institute of Food Technologists



the First Section

October 21, 2013 Event: Student Night

Topic: **10 Things I Wish I Knew When I was Beginning my Career**

Speaker: *Russell K. Moroz, Vice President Research Development & Quality Kraft Foods*



Our educations prepare us with the technical knowledge we need to be successful in our chosen fields of work. Those of us who pursue science and engineering degrees also learn critical skills well beyond the content of our courses: problem solving, innovation, and leadership. And, we are offered a host of experiences that broaden our perspectives and provide opportunities to practically apply what we have learned in class, including study abroad programs, undergraduate research projects, and internships.

What few of us leave school with, however, are those things that we typically learn over many years from diverse experiences, impactful coaches, and wise mentors. These insights can layer a whole different set of skills and behaviors on top of a strong educational foundation, perhaps making the difference between being good at what we do, and being great. They set us apart from others and help make us “known” for something. Applied to our lives outside of work, they can enable us to make bigger impacts to our friends, our families, and our society.

Like most things in life these skills are simple to understand, but take practice and intentionality to become part of our natural ways of doing things. Picking a few that might be new to us and working at them, however, may help get our career off to a great start, not just a good one.

Russ was previously VP – Oscar Mayer based in Madison, WI. He has also held positions in Kraft Foods’ Convenient Meals, and Cheese, Meals, and Enhancers businesses, Kraft Australia/NZ, Kraft Canada, Strategic Research and Strategy. Prior to joining Kraft in 1990, Russ worked for the Campbell Soup Company as a Project Manager, and at Occidental Chemical Corp. as a Process Engineer. He received a BS in Chemical Engineering from Drexel University in Philadelphia. He is married, has one child, and lives in Libertyville, IL.

Russ is responsible for product, process and package development, and quality and food safety for the Meals and Desserts business unit, as well as Nutrition and Regulatory Affairs for Kraft Foods. Russ was previously VP – Oscar Mayer based in Madison, WI. He has also held positions in Kraft Foods’ Convenient Meals, and Cheese, Meals, and Enhancers businesses, Kraft Australia/NZ, Kraft Canada, Strategic Research and Strategy. Prior to joining Kraft in 1990, Russ worked for the Campbell Soup Company as a Project Manager, and at Occidental Chemical



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Date: 21-Oct-2013

Location: Maggiano's The Carlisle, 435 E Butterfield Road, Lombard, IL 60148. (630) 960-0210.

www.carlislebanquets.com

John Budin, Ph.D.

Program Committee Chair, and Chair Elect CSIFT

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