



Chicago Section IFT
the First Section



Food Insecurity Donate to the Greater Chicago Food Depository

Food Insecurity is a major problem in our food rich country. Make a difference this holiday season and bring a donation of food to benefit the Greater Chicago Food Depository to our December holiday event. We work around food all day and come home to full refrigerators and pantries. It is easy to lose sight of the hunger around us.

Nearly 678,000 people each year rely on emergency and supplemental food provided by the Food Depository and its member network of 650 food pantries, soup kitchens and shelters. That figure represents a 36 percent increase over Hunger in America 2006 and reflects the recession and accompanying rising unemployment rates.

Each week, the Food Depository and its member agencies serve 142,400 men, women and children:

- About 37 percent of the people the Food Depository serves are children under 18
- Nine percent of clients are children under 5
- Six percent of clients are homeless
- 34 percent of households include at least one employed adult
- 22 percent of households report their main source of income is from a job
- 10 percent own the place where they live
- 44 percent receive SNAP/Food Stamp benefits

The most urgent needs are for items below

- Beans
- Canned Fruit
- Canned Vegetables
- Cereal
- Chili
- Jelly
- Macaroni and Cheese
- Pasta
- Pasta Sauce
- Peanut Butter
- Rice
- Shelf-Stable Milk
- Soup
- Stew
- Tuna



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How to Contribute

There are 2 ways we can help:

1. Bring a generous donation of food to the CSIFT Holiday Party on December 10th
2. Since all of us are in the food business please consider speaking to your employer to arrange a donation of surplus items.

Many of us have partial cases of samples, surplus production from test runs, out of spec product that your company can donate to the food bank

For any questions please call Theo Paul at 708-655-3468 or email me at
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