



Chicago Section IFT the First Section



Members-in-Transition Committee

**April 11, 2011: Marriot Hotel, Burr Ridge, IL 1:30 – 3:00 pm
Workshop for Job Searchers and Others in Transition**

Emotional Intelligence for Enhanced Professional and Personal Connections

How can Emotional Intelligence help you successfully navigate career and professional transitions?

- Emotional Intelligence (EI) is different than IQ.
- Emotional Intelligence (EI) plays an important role in career success and professional and personal relationships.
- EI can be developed.

In this workshop you will learn the framework of EI, participate in exercises to develop EI and receive resource materials to take your insights to the next level.

This workshop will be conducted by Howard Fox, an Executive & Leadership Coach, and an Adjunct Faculty at the Adler School of Professional Psychology.

About the Speaker: Howard Fox



Howard Fox brings over 20 years of consulting, leadership and coaching experience.

Howard specializes in coaching high-performing leaders whose management style has become an impediment to their ongoing career success. With the support of management, he works with leaders, their management, peers, and direct reports to uncover the basis of the impeding behavior.

He coaches leaders to become aware of how negative perceptions can impact continued career success, and to learn more effective approaches for eliminating the negative perceptions and



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accompanying behavior. Howard also administers and interprets the Myers-Briggs (MBTI), DiSC, and Emotional Intelligence Profile Instruments as part of his coaching practice.

Workshop Schedule, Fees and Directions

1:30 - 3:00 PM	Workshop for Job Searchers and Others in Transition
3:30 - 5:00 PM	CSIFT Executive Committee Meeting (attendees are welcome to attend)
5:00 – 8:30 PM	Social Hour, Dinner and Presentation (Find Out More!) *This month's speaker is Perfecto Perales, Senior Director at Kraft Foods, who will talk about "Diversity and Inclusion at Kraft."

Workshop Registration Fee: \$5 for CSIFT and CPPA Members; \$25.00 Non-Members
Non-member fee includes a one-year CSIFT membership

Questions? Please contact Sanford Wolgel, swolgel@aol.com