



## PROFESSIONAL DEVELOPMENT

### Career Guidance and Continuing Education

We are excited about our next soft skill workshop on Emotional Intelligence. Details of the event are outlined below.

Date of Event: Tuesday, May 28<sup>th</sup> 8:30 – 11:30 AM  
Location: NIU Hoffman Estates Conference Centers & Services  
5555 Trillium Boulevard; Hoffman Estates, IL 60192  
Speaker: Erica Nelson (Nelson Performance Development, LLC)  
Topic: Break the Code of Your Own Emotional Intelligence to Enhance Business Success, Organizational Excellence and Quality at Work  
Cost: \$15 members, \$25 non-members

Learning objectives:

- ❖ Developing an understanding of Emotional Intelligence
- ❖ Assessing your own emotional strengths and weaknesses
- ❖ Learning strategies to improve Emotional Intelligence
- ❖ Defining types of conflict, the typical behaviors associated with addressing conflict and how your EQ (Emotional Intelligence Quotient) can help to manage conflicts
- ❖ Understanding why disagreement occurs
- ❖ Learning how to leverage Emotional Intelligence in the face of conflict to improve working relationship.

You may sign-up for the event directly on our Professional Development page:

<http://www.chicagoift.org/professional-development.php>

### Technical Sessions

Our April 30, Professional Development event was another tremendous success. We had fun as we learnt about coffee and alcoholic beverages. Our two speakers, Hilary Sandrock (Imbibe) and Gary Spedding (Distilling Analytical Services) kept us on the edge of our seats. We also got to taste different types of coffee.

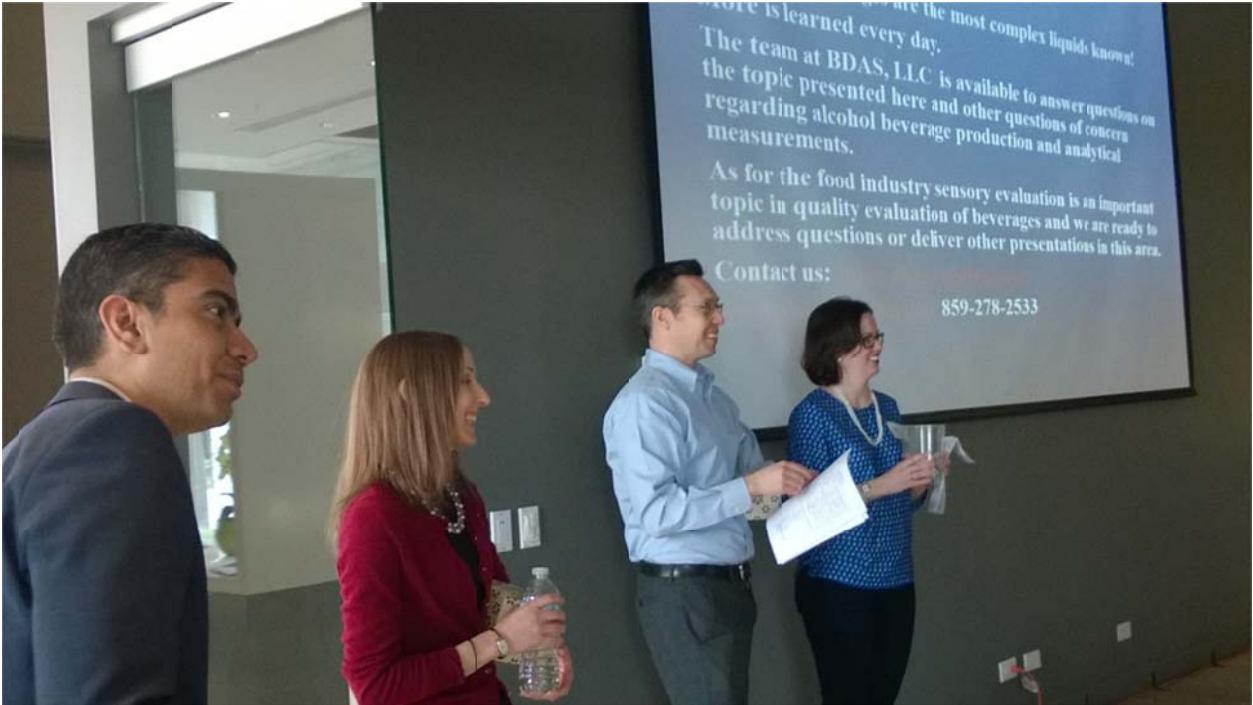
After the event, we were treated to a tour of Imbibe's new state of the art facility. It was fabulous. This event was made possible because of the graciousness and kindness of the entire Imbibe team. The team took care of almost all of the marketing, breakfast, treats and were fantastic hosts through the day. A special thank you to Joe Farinella (VP Research at Imbibe) for helping us ensure the event was fun for all.

Here are some pictures from the event for you to enjoy.

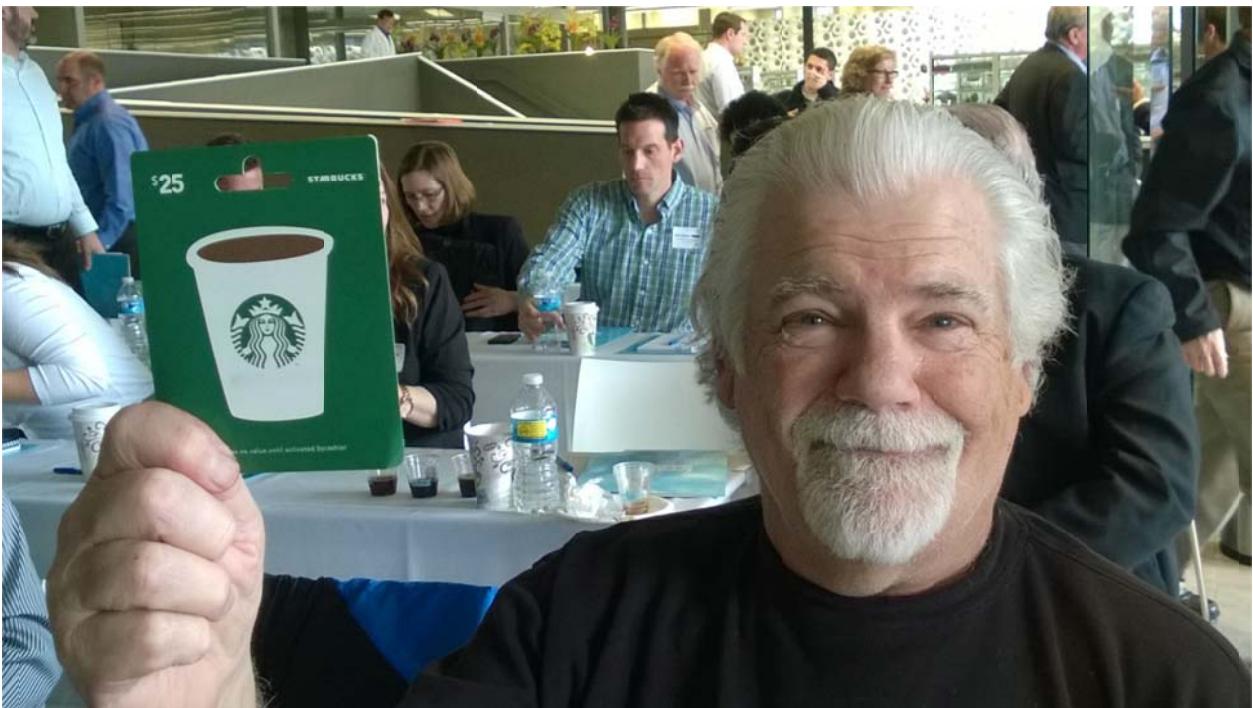


**Chicago Section**  
Institute of Food Technologists

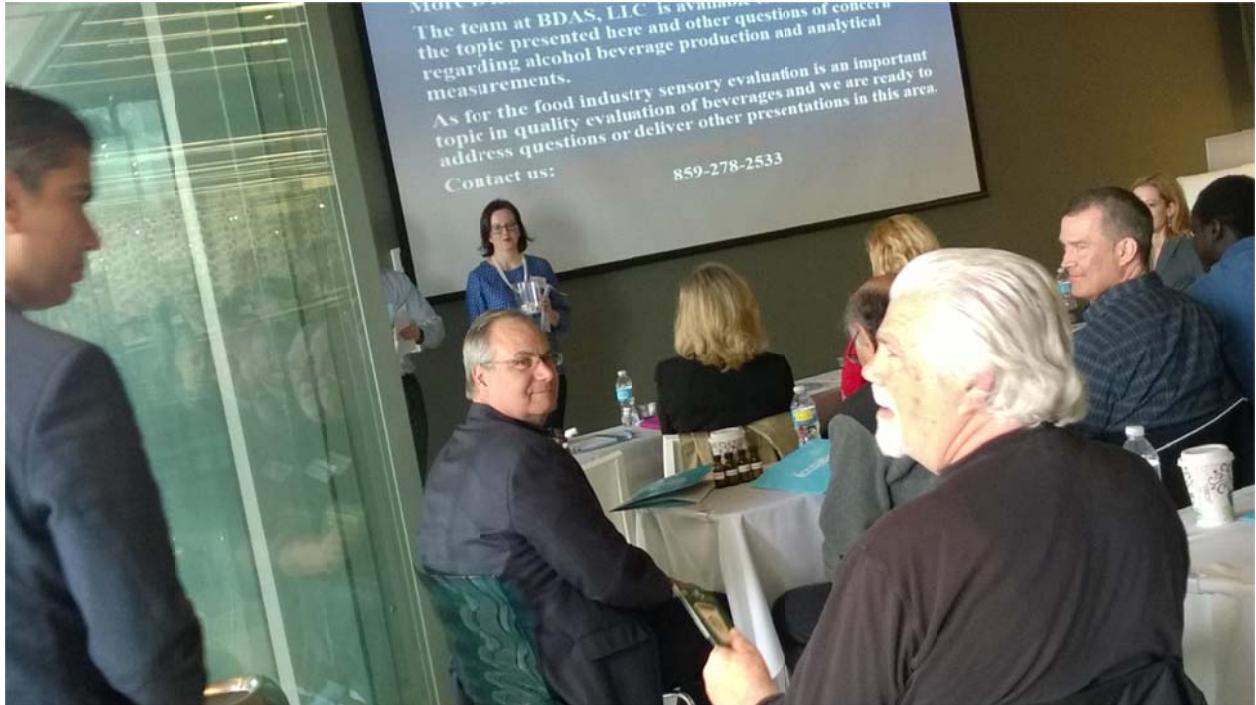
The First Section★ Since 1941



**Picture 1: This is a great audience**



**Picture 2: Look what I won**



**Picture 3: How do I sign up to join this fun Professional Development Group?**



**Picture 4: This was great. Glad I came.**



**Chicago Section**  
Institute of Food Technologists

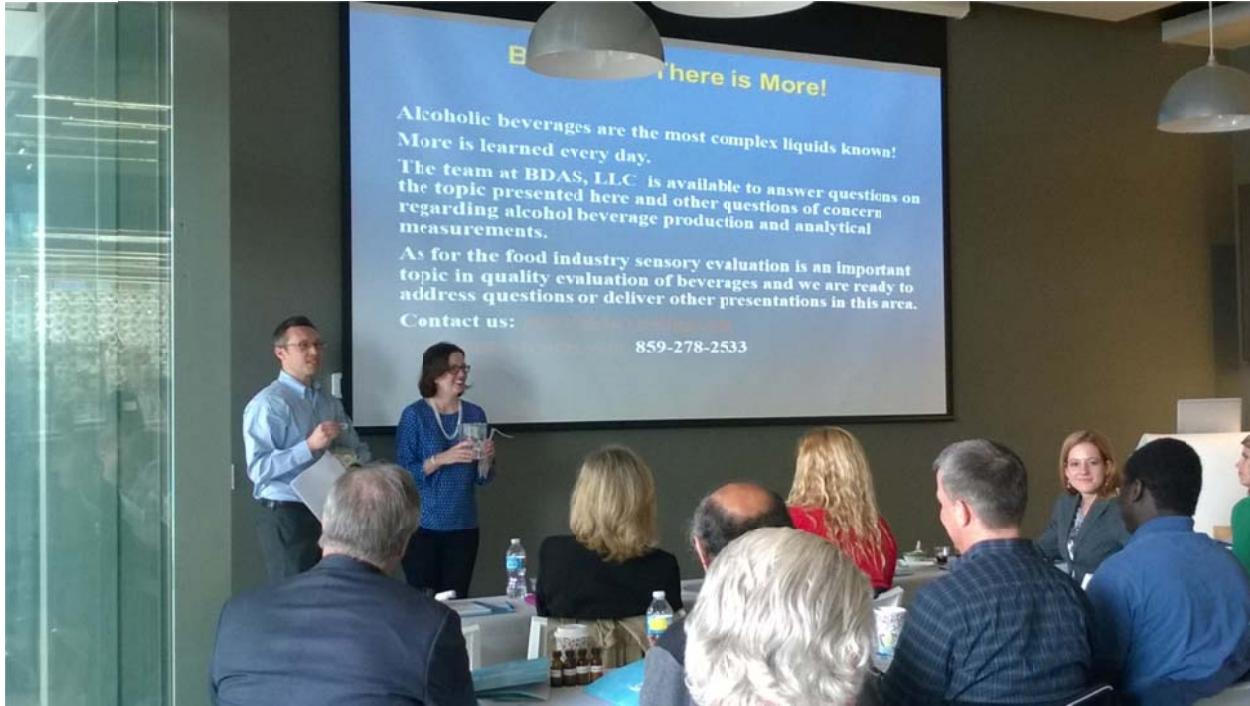
The First Section★ Since 1941



**Picture 5: Thank you Gary and Hilary. We learned a lot today.**



**Picture 6: Wow, full house!**



**Picture 7: Thank you all for coming. See you at our next Professional Development Event on May 28**

#### **Employment/Career Center**

We have a number of positions posted the Employment page of our website. The site utilizes new technology allowing companies to post open positions, on their own. It is free to post a job. The only requirement is that individuals who post jobs are members of the section.

If you are interested in being a part of the Professional Development team, please contact us.  
Sincerely,

Professional Development Team - Chair

Susan Abraham-Rivera, Ph.D.

#### **AgriFIS**

Email: [susan@agrifis.com](mailto:susan@agrifis.com)

Phone: 847.942.4136



**Chicago Section**  
Institute of Food Technologists

The First Section ★ Since 1941



Zeek Agosto (tech sessions sub-committee chair)

**Univar**

Maureen Oskielunas (tech sessions sub-committee co-chair)

**Kraft Food Ingredients**

Jeffrey Jendryk

**CDM Smith**

Joe Farinella

**Imbibe**

Michael Grainda

**Univar**

Zara Raneses

**Griffith Labs**

Michael Gross (career guidance sub-committee chair)

**Clutch Global Logistics**

Shannon Wilson

**Tate and Lyle**

Leslie Taylor

**IOI Loders Croklaan Americas**

Todd McInerney

**Magrabar**

[tmcinerney@magrabar.com](mailto:tmcinerney@magrabar.com)

Michael Mastrangelo (employment sub-committee chair)

**LifeSpice Ingredients**