



Interpreting the Stevia Effect

The critical role of sensory in the development of products containing HPS

Judy Lindsey

General Manager

Product Dynamics - "Helping you better understand your products"





Utilize HPS to produce a non-caloric, natural product



Mouth feel Temporal profile Sweetness intensity

Structure functionality Adaptation behavior

Maximal response Flavor profile

Ingredient/system interaction Textural changes



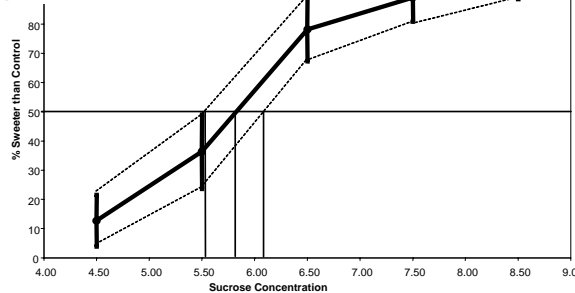
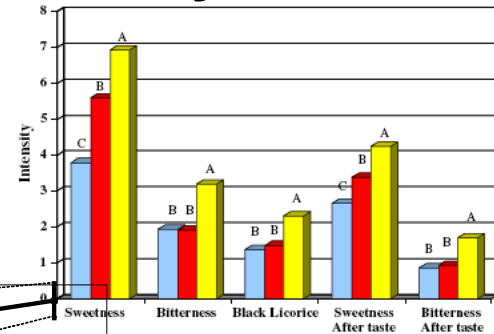
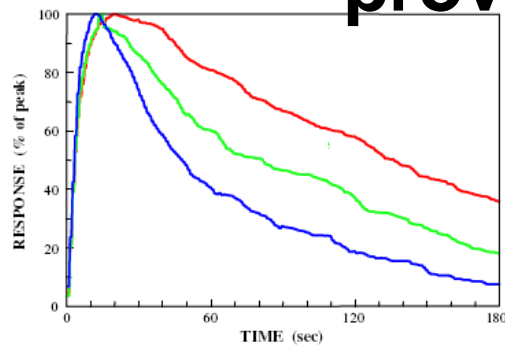


CHALLENGE

Ability to track and understand the effect of each formula modification on each attribute.



Analytical Sensory Tools provide that ability





Key Analytical Sensory Tools - for sweet system development

❖ Time Intensity Profiling

- Ability to track changes in perception over time
 - o Intensity based
 - o Any critical character

❖ Descriptive Profiling

- Characterization and magnitude of sensory attribute
 - o Taste and flavor
 - o Texture
 - o Mouth feel
 - o Appearance

❖ Sweetness Equivalency

- Modeling of sweetness response to determine concentrations resulting in perceived equivalent sweetness
 - o Foundation tool
 - o Complexity of system can affect

❖ Discrimination

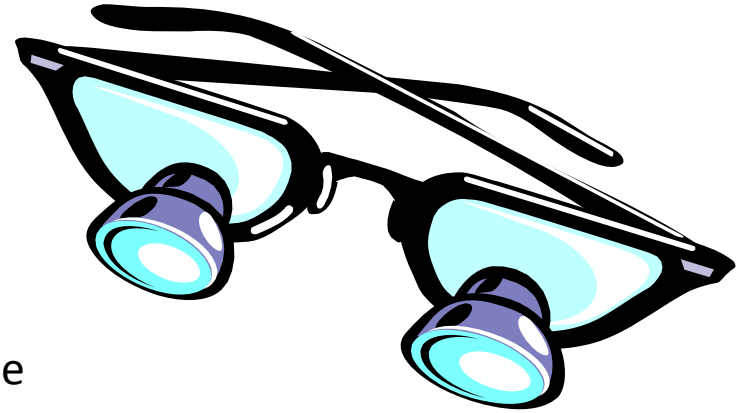
- Determination of overall similarity or difference





Requirements to Insightful Data & Interpretation

- ❖ Experienced, trained evaluators
 - Ability to target attributes
 - Ignore interference factors
 - Ignorant of manipulations, issues of relevance, etc.
- ❖ Consistency
 - Methods
 - Panelists
 - Scaling
- ❖ Sensory bias control
 - Palate Cleansing
 - Controlled evaluation time
 - Limited sample exposure





Requirements to Insightful Data & Interpretation

- ❖ Significant data points
 - Number of panelists
 - Time to train, develop competency
 - Replications
 - Blind presentations
- ❖ Experienced scientists and data analysts
 - Method and design experience
 - Advanced statistics
- ❖ Time for Research
 - Targeted research to objective
 - Incorporate into plan



Greater Importance in Formulation with HPS

❖ Sweetness plus....

- Understanding the associated tastes and flavors
- Must do through delivery perception -> sensory analysis

❖ Impact of maskers and modulators

- Measurement of effect requires sensory analysis





Driving Sensory Tool Choice

Development Stage/Question is key to tool choice!

- ❖ Understanding your target, your system & your product
 - What is the competition, What character motivates category acceptance
 - Consumer preference with Descriptive analysis
 - HPS systems in existing products
 - Descriptive profile comparisons
 - Chosen HPS system
 - Sweetness equivalency
 - Flavor profile

KNOWLEDGE GAIN: Baseline info
Define most probable success path

- ❖ Guidance of development
 - What masking agent/texture ingredient is producing desired effect
How are they specialty ingredients interacting
 - Descriptive analysis
 - What is changing, by how much
 - Descriptive analysis comparison
 - Time Intensity profiling
 - Is consumer perception altered
 - Consumer hedonics

KNOWLEDGE GAIN: Confirmation of approach
Further direction





Driving Sensory Tool Choice, cont.

- ❖ Quantifying and validating product
 - Does alternative supply effect results
 - Discrimination testing
 - Descriptive – for how
 - Which manipulation generates highest acceptance
 - Consumer preference
 - Descriptive analysis of winning product
 - Can it be repeated consistently
 - Descriptive analysis comparison

KNOWLEDGE GAIN: Confidence in product





Example ❖ Foundation and development consumer evaluation

	Juice/Stevia (946) (A)	Sucrose (773) (B)	Stevia (413) (D)
Overall Liking	6.2 D	6.3 D	4.2
Overall Flavor Liking	6.1 D	5.9 D	4.1
Mouthfeel Liking	6.3 D	6.6 D	4.9

	Juice/Stevia (946) (A)	Sucrose (773) (B)	Stevia (413) (D)
Thickness – JAR	78%	81%	59%
<i>Too thick</i>	12	12	16
<i>Not thick enough</i>	9	6	25

❖ Recommended Next Steps

- Descriptive profiling to understand consumer texture comments
 - o Opportunity to improve further
- Develop plan based on further understanding



Sensory Evaluation Watch-outs with HPS

- ❖ Insufficient screening, training of panelists
 - Sweet sensitivity
 - Elimination of “blindness”
 - Ability to finely discriminate and dissect
 - Foundation of general high potency sweetener characteristics
 - Time for training, confidence
- ❖ Too many samples, too little time
 - Palate fatigue
 - Linger
 - Numbing
- ❖ Identified evaluations
 - Expectation of character
 - Preconceived results
- ❖ Skipping statistical validation at key steps
 - Time related
 - Confidence in direction
 - Repetitive





Sensory in HPS based Product Development

- ❖ Only way to fully understand interactions
 - Flavor
 - Mouth feel
 - Texture
 - Aftertaste
- ❖ Varied tools available
 - Use each as appropriate to guide development, to understand
- ❖ Sensory Scientists are critical team members, seek them out
 - Guides to tools
 - Provide access to trained panels
- ❖ Can't assume same result in different product/system
 - Physiology of taste perception very different
- ❖ Short cutting sensory evaluation can lead you astray!



THANK YOU!

Questions?

J. Lindsey

Product Dynamics

10608 W. 163rd Place

Orland Park, IL 60467

j.lindsey@rqa-inc.com

708-364-7060, ext. 141





References

Prakash, I., DuBois, G.E., Jella, P., King, G.A., San Miguel, R.I., Sepcic, K.H., Weerasinghe, D.K., White, N.R., 2007c. *Natural high-potency sweetener compositions with improved temporal profile and/or flavor profile, methods for their formulation, and uses*. US patent application 0128311.

Development of rebiana, a natural, non-caloric sweetener

I. Prakash, G.E. DuBois, J.F. Clos, K.L. Wilkens, L.E. Fosdick

Meilgaard, M., Civille, G., Carr, T., *Sensory Evaluation Techniques*. 3rd ed. Boca Raton, FL: CRC Press, 1999

Lindsey, J.R., Wolter, C., Lynch, S., 2010. *Consumer guidance on alternatively sweetened versions of diet lemon lime soda*, Unpublished results. Product Dynamics, a division of RQA, Inc.