



## **Zeek Agosto CSIFT Testimonial**

"Soon after entering the food industry, I joined IFT and began attending Chicago Section dinner programs as regularly as I could. It was not until I began to volunteer and take an active role in the organization, however, that I've truly experienced the power of Chicago Section IFT involvement.

I've chaired the Technical Breakfast Sessions Sub-Committee over the last 2 years and have gained a deeper understanding of and connection with the diversity of food science professions, built both business and personal relationships, and sharpened my leadership skill set.

I am grateful for the opportunity to serve Chicago Section IFT and do my part in promoting learning and career opportunities for food industry professionals."

Zeek Agosto Technical Services Manager, Northland Laboratories Technical Breakfast Sessions Sub-Committee Chair, Chicago Section IFT